

Rafiki - SDO

WEEKLY NEWSLETTER

For March 29 - April 02, 2021

NEWS COVERED

- Rafiki - SDO is providing computer trainings as a way to help young girls to avoid risks of HIV infection.
- AGYW WORTH+ GROUPS a solution to Young Women economic challenges.
- Rafiki - SDO Parenting Education has taught Kalole parents how to be good parents



RAFIKI - SDO IS PROVIDING COMPUTER TRAININGS AS A WAY TO HELP YOUNG GIRLS TO AVOID RISKS OF HIV INFECTION.

March 29, 2021

offices whereas the Adolescent Girls and Young Women (AGYW) are trained how to use computer and learn about social behavioural change through computer sessions.

Our news reporter visited one of the AGYW's class on Monday March 29th to see and discuss with them about it whereas he was able to see how the session was been conducted and had a chance to speak to some of the students and their teacher.



RAFIKI-SDO conduct a run and maintain computer safe spaces trainings activity since February 2021 which is done weekly based at Usanda and Iselamagazi for Shinyanga District Concil and in Shinyanga Municipal Concil the activity is conducted at RAFIKI-SDO

“We had no any computer skills before, but since Rafiki – SDO started this program we can turn the computer on and off, type and make cards, this will help us find employment in some places or employing ourselves based on this



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knowledge.” Said Kabula John one of the trainees where in the class at Rafiki – SDO offices.



Sophia Francis on her side said, “We have learned a lot since we started attending this class, we learned social behavioural change, bad cultural practices like early marriage and the effects of engaging in love affairs in young age and other things through video series”

Letter on speaking to our news reporter their teacher Eliwaza Gabriel said, she has been teaching them every thing she is supposed to teach especially the social behavioral change which includes the how to avoid risk to HIV infections, and computer in how to switch it on and off, typing and other computer know-hows.

“We can clearly see now most of them have the knowledge we intended to provide them with and they sometimes testify how they were able to avoid risk environment by defeating temptations which is a result of what they have been learning” Said Eliwaza.

However, the Program Officer Irene provided us with the brief information on the program saying the activity was started from February 2021 and on this period, they

managed to reach 212 AGYW from Shinyanga MC and 195 AGYW in Shinyanga DC who attended sessions to make a total of 407 AGYWs learn how to use computer and being safe against new HIV infection through health videos and series.

She also said through the program they achieved to create awareness concerning Gender Based Violence (GBV), Family planning, HIV/AIDS and risk behaviour to AGYW who attend computer sessions and to create skills to AGYW who attend computer sessions on how to use computer.

AGYW WORTH+ GROUPS A SOLUTION TO ADOLESCENT GIRLS AND YOUNG WOMEN’S ECONOMIC CHALLENGES.

March 31, 2021



Rafiki – SDO has been supervising groups of Adolescent Girls and Young Women of two categories based on age since the year 2016, one category is of the age between 15 to 19 and the other

is of the age between 20 to 24 the program based in two districts of Shinyanga region, Shinyanga Municipal Council and Shinyanga District council.

As the aim of these groups is providing behavioral changes and entrepreneurial education to AGYW’s, most of the members of the groups have been benefiting from the groups’ existence and they have been putting into use what they are taught by their Educators.

Testifying to the Executive Director of Rafiki – SDO Mr. Gerald S. Ng’ong’a when he visited one of the AGYW Worth+ groups from Old Shinyanga ward in Shinyanga Municipal Council named CHEM-SHA BONGO to see the performance and supervision status for that respective group including how the behavioral changes education providing process and savings contributions collection are being implemented the group members

said they have seen benefits from being the members of the group.



“I took a twenty thousand (20,000) Tanzania Shillings from our own savings to start my own business and now I own a tomato selling business” Said Zulfa Petro one of the group members who are already experiencing the benefits of investing and borrowing from group savings.

On the other side Neema Jackson a member who successfully launched her own pebble selling business along with tomato selling business, all from a sixty thousand (60,000) Tanzania shillings loan that she

drew from group’s savings and she is now paying back the money she borrowed.

However, the CHEMSHA BONGO group’s chairperson Esther Makolo when responding to the question asked by the Executive Director of Rafiki-SDO questioning the progresses and the amount of money that is there for group saving, she answered that the group has a total saving of four hundred thousand Tanzania shillings.

Explaining about the AGYW Worth+ groups the Shinyanga Municipal Social Economic Empowerment Officer Ms. Winfrida Mushi said, the Rafiki – SDO’s prime goals for the initiation of these groups was to reduce new HIV infections cases and to reduce dependence to Adolescent girls and Young women in Shinyanga Municipal Council and Shinyanga District Council by providing

with behavioral changes education and entrepreneurial education which involves saving and lunching personal businesses by the members as well as a group business to strengthen their economic capabilities.

She also added that through the AGYW groups they have as Rafiki - SDO achieved to empower girls to first have an understanding on the behavioral changes and so they can avoid risks to HIV infections, to start their own entrepreneurial activities, to test their health to understand their health status, and they have imparted the girls with family planning education.

So far there is a total of 189 AGYW Worth + groups of members between 15 to 25 girls under supervision of Rafiki – SDO in Shinyanga Municipal Council number.

Rafiki - SDO Parenting Education has taught Kalole parents how to be good parents

April 01, 2021

Rafiki – SDO has helped parents at Kalole village, Lunguya ward in Msalala District Council to realize their part to play as parents through education provided by Community Facilitators to the groups of parents under Rafiki – SDO supervision basing on parenting and how to be good parents involving treating their children in a good and acceptable way.

On a supervision done by a team of Rafiki – SDO staff with the Rafiki – SDO Executive Director Mr. Gerald S. Ng’ong’a on Thursday April 1,



2021 we had a chance to meet and discuss with CHAPAKAZI, a group of 30 female parents from Nyangalata hamlet Kalole formed for the intention of being provided with parenting education and entrepreneurial education as well as engaging in entrepreneurship to acquire their own income.

In our discussion they said as members of CHAPAKAZI group and as parents they have benefited from the program Rafiki – SDO have been implementing in their ward, said though education they received they have learned about good parenting that it involves the importance of educating their children especially girls who are mostly neglected from by the parents, how to treat well their children including not to use harsh language on them when they do a mistake instead they should talk the out politely and calling them by animal names.



Also, they said they have learned the importance of children involvement and participation on decision making at family level and at community level, for example children have a right to contribute on the meal for a family and as a parent one must consider their views not just what he or she thinks is good while the children think it is not.

Through the education they received they said, they now understand their position as parents on their children upbringing process, and they can distinguish between good parenting and bad or parenting methods or child abuse and the educate others who are not a part of their group to increase awareness to the society about parenting, they also help children who are abused by their families.

Apart from receiving parenting education they also got entrepreneurial training whereas they were trained on how to produce batik, soap and shampoo and through those trainings they acquired skills to produce such products and so after training they decided to continue making batik and sell them to make some profit, they began with just 7 batik which were made from the materials Rafiki – SDO supported them with after training, now they are able to make 15 batik from their own materials and they make batik for special orders.

Making and Selling batik is not their only business they do, but also, they own a total of 100 chairs and two saucepans for renting and from some money they collected they managed to store 10 rice bags as their saving. CHAPAKAZI after seen the benefit of their association they decided to make it even stronger by buying a piece of land to build their own office where they will be caring out all their official activities.

At last, the Depute Program Manager Mr. George Nyamboto advised parents that they should not ignore abusive behaviors or cases that occurs to their children, instead they should report and help their children through so they could not incite psychological pain and traumas to children which may affect the child's behavior in the future.





Happy
Easter

“We call happiness, joy, love and blessings upon you”
Happy Easter

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